

ALTA CONSULTING

# Individual Coaching Services & Pricing Guide



[www.altaconsultllc.com](http://www.altaconsultllc.com)



# Hello there!

If you are feeling uncertain about your career path, struggling to get that well-deserved promotion, or just searching for more joy and fulfillment at work, **you are not alone.**

Many professionals find themselves at a crossroads—unsure of how to take the next step, feeling undervalued, or wanting more from their day-to-day experiences.

Whether you need clarity, a boost in confidence, or a deeper understanding of your unique strengths, career coaching can be the key to unlocking the growth and success you deserve.

Christi

Founder & President  
ALTA Consulting

# My Coaching Journey

My journey with CliftonStrengths began fifteen years ago when I was first introduced to the tool. It helped me better understand myself and work more effectively with my manager, which was a pivotal moment in my career.

A few years later, I become a strengths coach, wanting to share the benefits I experienced with others.

Since then, I have worked with hundreds of construction professionals—from interns to executives in the C-suite—helping them harness their strengths to achieve success and fulfillment in their careers.



*“Real transformation begins when a coachee experiences an 'ah-ha' moment, recognizing their potential and strengths.*

*Being a part of that journey is a true honor.”*

# Why Work with Me

Working with me means partnering with someone who deeply understands CliftonStrengths and the construction industry. With 20 years of industry experience, I offer tailored insights that help you unlock your potential, leveraging your strengths to find clarity and confidence in your career.

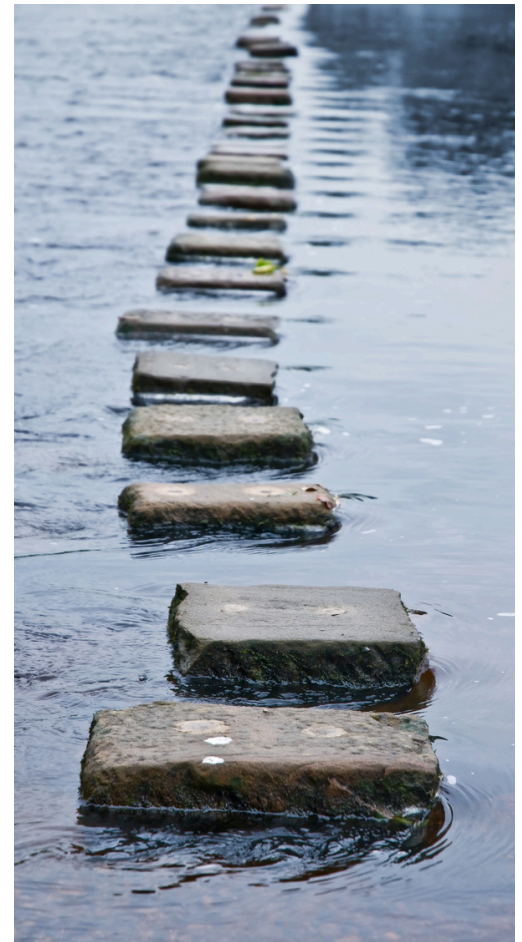
I have coached hundreds of professionals, from interns to C-suite executives, guiding them through challenges and helping them achieve tangible growth. My approach is always personalized, focusing on your specific goals and circumstances, ensuring you receive the support you need for real transformation.

**Above all, I am passionate about the impact coaching can bring—seeing the real, positive changes in my coachees' lives is why I do this work.**



# How It Works

- 01 INTRODUCTION CALL**  
In our first call, we'll discuss your goals, clarify the coaching relationship, and review the process.
- 02 COMPLETE THE ASSESSMENT**  
Upon completion of the CliftonStrengths assessment, you will receive your personalized results, reports, and guides.
- 03 COACHING CONVERSATIONS**  
Our virtual coaching conversations will help you better understand and apply your natural talents.
- 04 REALIZE CHANGE**  
Coaching is about helping you achieve your goals and experiencing real transformation.



## CONTACT DETAILS

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[cpilutik@altaconsultllc.com](mailto:cpilutik@altaconsultllc.com)

## WEBSITE

[www.altaconsultllc.com](http://www.altaconsultllc.com)

## SOCIAL MEDIA

[linkedin.com/in/christipilutik/](https://www.linkedin.com/in/christipilutik/)

“

*Christi is a great listener and has a keen ear for turning words into actions. She will listen, ask questions if needed, and get me to the right spot. Working with her this year has been invaluable for my growth and understanding.*

- ELIZABETH MILLIONE



# Essentials Coaching Package



Focused coaching sessions aimed at addressing specific needs or challenges, providing clarity and direction with maximum efficiency.

LET'S WORK TOGETHER

YOUR INVESTMENT

**\$750**

## WHAT YOU'LL GET:

- ✓ Introductory goal setting conversation
- ✓ Personalized CliftonStrengths reports and guides
- ✓ One focused coaching conversation with customized recommendations

# Comprehensive Coaching Package

A balanced approach that provides thorough guidance and actionable insights to help you achieve your goals while navigating challenges effectively.

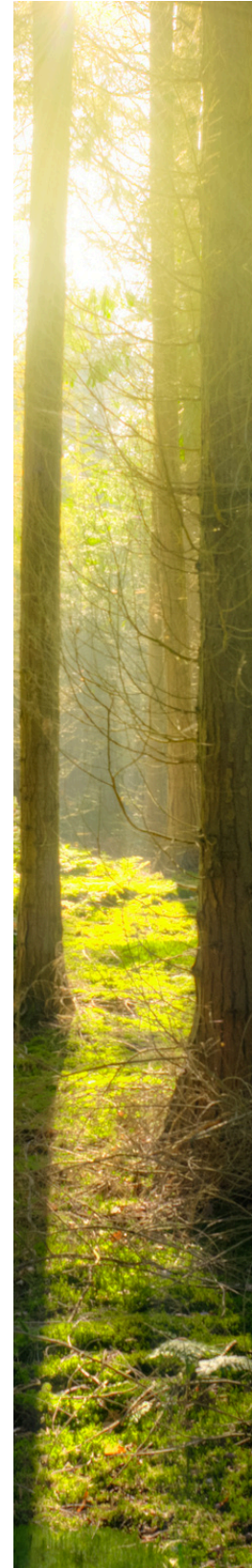
## WHAT YOU'LL GET:

- ✓ Six (6) 60-minute virtual coaching conversations (including goal setting)
- ✓ Individual development plan support with customized coaching recommendations
- ✓ Ad hoc availability through coaching engagement (est. 3 months)

LET'S WORK TOGETHER

YOUR INVESTMENT

\$3,450







# Transformational Coaching Package

A deep, immersive coaching experience designed to create significant breakthroughs and lasting change in your career and personal growth.

LET'S WORK TOGETHER

## WHAT YOU'LL GET:

- ✓ Twelve (12) 60-minute virtual coaching conversations (including goal setting)
- ✓ Individual development plan creation with customized coaching recommendations
- ✓ On demand availability throughout coaching engagement (est. 6 months)

## YOUR INVESTMENT

\$6,950

# FAQ's

## What is coaching?

A collaborative process where I help you set goals, overcome challenges, and reach your potential.

## What happens during a coaching session?

Sessions focus on setting goals, discussing challenges, brainstorming solutions, and creating actionable steps to move forward.

## What outcomes can I expect from coaching?

You can expect greater clarity, better decision-making, enhanced confidence, improved communication, and/or goal achievement.

## How soon will I see results from coaching?

Some clients see immediate insights, while others experience more gradual progress as they implement strategies over time.

## Do I need to have problems to benefit from coaching?

No! Coaching isn't just for addressing problems; it's also for growth, skill-building, and reaching higher potential.

# Let's Get Started!

Taking the first step towards growth can feel challenging, but you don't have to do it alone. Together, we will identify your goals, uncover your strengths, and create a personalized plan to help you move forward confidently.

Whether you want to navigate career transitions, build leadership skills, or simply find more joy in your work, I'm here to support you every step of the way.

[SCHEDULE A CALL](#)

Thank you for considering this journey with me. Your decision to invest in yourself is the first step towards meaningful growth, and I am honored to be a part of it. I can't wait to see what the incredible progress you'll make.

Christi

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